# Fingertip Reconstruction Using the Hypothenar Perforator Free Flap

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Nothing to disclosure

# Introduction

## Backgrounds

### Palmar skin flaps

- : Risk of scar contracture on the donor site
  - Less commonly used than other flaps

### Hypothenar area

- : An alternative flap donor site
  - "Relative abundance of skin

## Objective of this study

- To present the results of using the hypothenar perforator free flap for fingertip reconstruction
  - : No report of the use of the flap

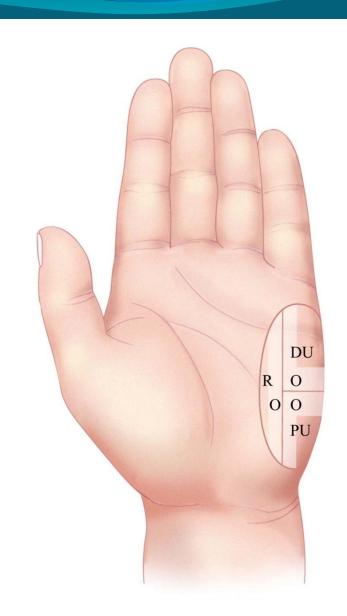
## **Anatomy**

PU, proximal ulnar area supplied by musculocutaneous perforators (proximal deep branch of the ulnar artery)

DU, distal ulnar area supplied by fasciocutaneous perforators (ulnar palmar digital artery of the little finger)

R, radial area
supplied by perforators
through the palmar aponeurosis
(superficial palmar arch)

O, overlapping areas between the vascular territories



# Materials and Methods

## Fingertip reconstruction

Period: 2004 - 2012

Number: 24 (14 Men, 10 women)

Age: 28 - 71 (mean, 48.2) years

Follow-up: 6 - 51 (mean, 16.6) months

#### Assessment of the results

Subjective: Opinion of patients & surgeons

Objective: Static two-point discrimination

# Results

## Total 24 flaps

Flap size

1.5 - 2.5 cm in width, 2.7 - 4.5 cm in length

Flap survival

Complete in 22 flaps

Causes of the 2 flap failures

Less reliable perforator and compression
 Postoperative accidental trauma

#### **Donor site**

- 13 from the proximal ulnar area
- 7 from the distal ulnar area
- 4 from 2 or more areas

Primary closure in all patients
Uncomplicated healing of all donor sites

Opinions about 22 successful reconstruction Patients: Completely satisfied Surgeons: Good in 3, excellent in 19

Static two-point discrimination Long-term follow-up for more than 1 year in 14 patients Flaps: 2 - 6 (mean, 4.0) mm Contralateral fingertips : 2 - 5 (mean, 3.7) mm

#### Case 1.

# A 52-year-old man Use of the flap from the distal ulnar area



#### Case 2.

# A 60-year-old woman Use of the flap from the proximal ulnar area



# Conclusions

The hypothenar perforator free flap provides acceptable functional and cosmetic outcomes for reconstruction of fingertip defects.

The authors recommend that this flap should be considered as a useful option for fingertip reconstruction.