# Surgical études: Applying the experience of artistic training to surgical training

Samantha Zwiebel MA | Andreea Seician MPH, PhD | Devra Becker MD, FACS

Case Western Reserve University

The authors have nothing to disclose





## Background

- Resident duty hours have been cut
- Residents gain the trust of attending surgeons through shared cases
- Surgical residents are anecdotally believed to be creative with an arts background
- Creative arts require learning-by-doing





## Objectives

- Determine the opinions of residents regarding
  - Struggle as a teaching method
  - ► Attending involvement
  - ▶ Role of artistic training in their residency
- Determine artistic interests of residents





### Materials & Methods

- ► IRB approval obtained
- Questionnaire created using Qualtrics Survey Software
- Sent to residents of Case Western Reserve University via email twice fall 2013





#### Materials & Methods

- Residents were grouped into three cohorts: Surgery, Medicine, and Mixed (some surgery, some medicine)
- Data analysis completed using Chi Square and Odds Ratio with Confidence Interval (Surgery vs Medicine) in SPSS Version 13.0





## Results – Response

691

Residents emailed survey

1**9**3

Residents opened survey

**1**Š2

Residents began survey

**134** 

Residents completed survey





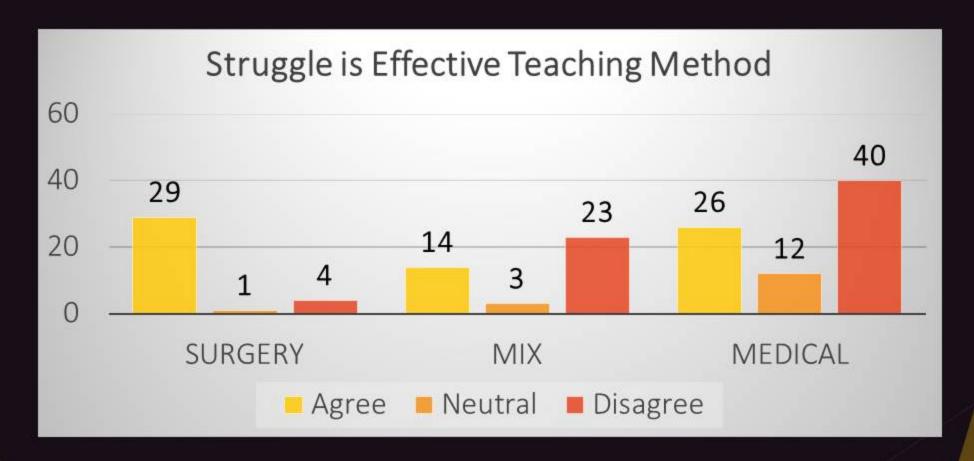
## Results – Response

Resident cohort	Respondents (n)
Surgery	22.4% (34)
Mixed	26.3% (40)
Medicine	51.3 (78)





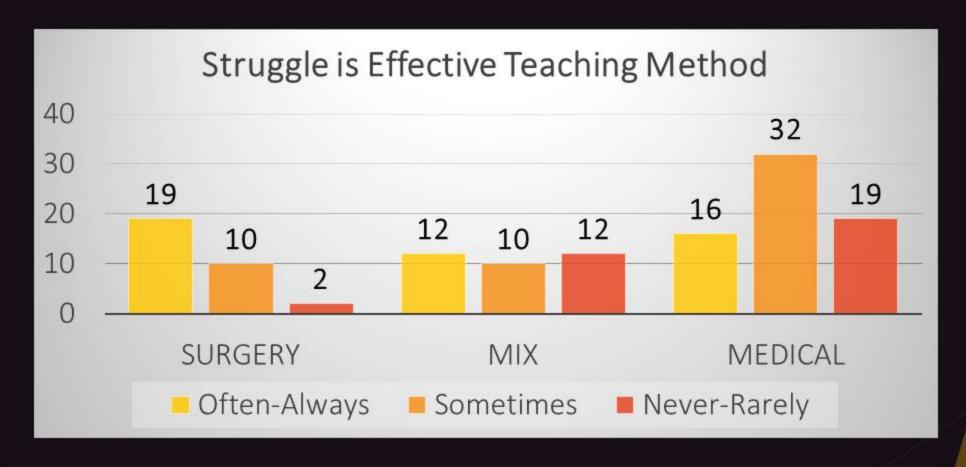
## Is struggle an effective teaching method? p<0.0001, OR 11.2 (CI 3.5-35.4)







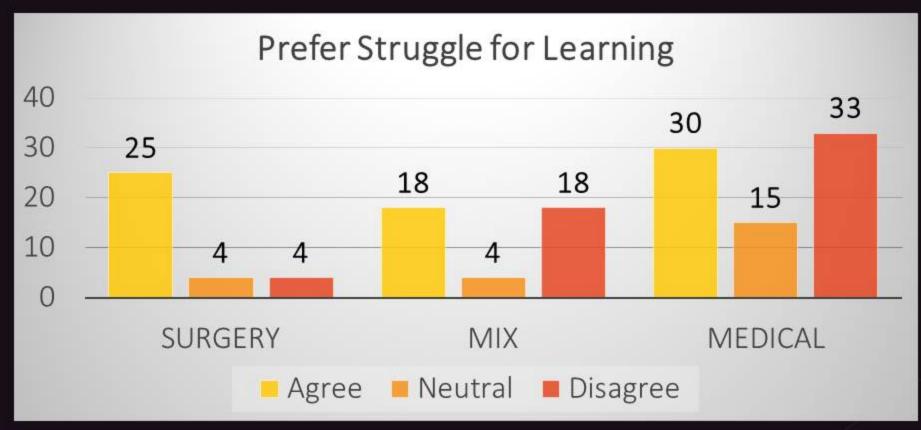
## Is struggle an effective teaching method? p=0.0021, OR 11.3 (CI 2.2-56.0)







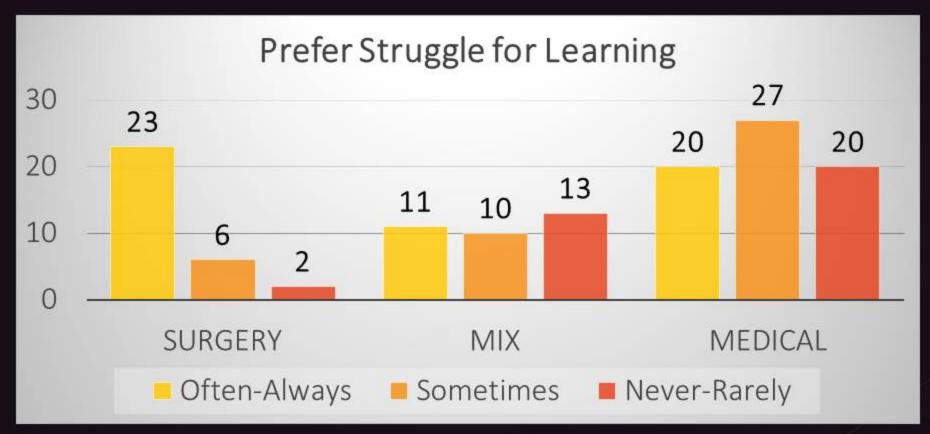
## I prefer being allowed to struggle through a difficult procedure p=0.0039, OR 6.9 (CI 2.1-22.1)







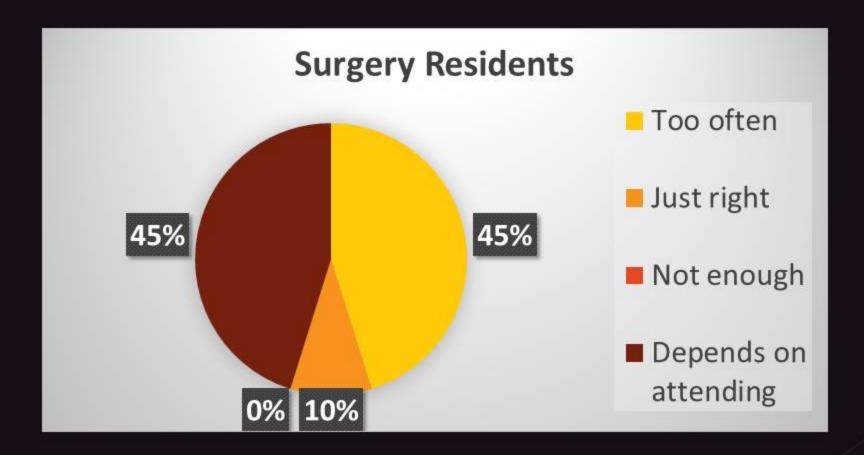
## I prefer being allowed to struggle through a difficult procedure p=0.0004, OR 11.5 (CI 2.4-55.4)







## How often do attendings perform difficult procedures? (p=0.0013)







#### Results – Arts (p>0.05)

19

Surgery residents who are artistic (61.3%)

17

Surgery residents who are musical

14

Surgery residents who are interested in visual arts

11

 Artistic surgery residents who feel their artistic training probably or definitely helps in residency

7

 Artistic surgery residents who feel their artistic training may help in residency





#### Conclusions

- Surgery residents are significantly more likely to prefer struggle and find it to be an effective learning method
- Almost half of surgery residents report attendings perform procedures too often
- More than half of surgery residents are artistic, but not significantly more so





## Significance

- Surgery residents believe they learn well through struggle
- Teaching may be more efficient long-term by allowing a resident to struggle shortterm
- Surgery residents are familiar with struggle as teaching and most apply their artistic training to surgical training



