Intravenous extravasation: A comprehensive management algorithm

Tamara B. Dawli MD, Abhishek Chatterjee M.D, Emily B. Ridgway MD, Mitchell A. Stotland MD

Dartmouth Hitchcock Medical Center Lebanon, NH





Disclosure Statement

No disclosures.

Objective

Plastic surgeons are often requested to play a role in the management of intravenous extravasation injuries. Given the deficiency in the literature, our goal was to to construct a comprehensive algorithm for the management of common extravasation injuries.

Methods

 A thorough literature search of IV extravasation and management was completed with 129 publications reviewed.

Methods

- We evaluated information pertaining to the most common categories of extravasated material managed at our institution.
- A treatment algorithm was developed integrating information culled from articles reviewed independently by two of the co-authors

Results

 One hundred and twenty nine publications were reviewed for content related to the management of extravasation injury. From this assembled information we constructed a comprehensive algorithm for the management of extravasation injury.

Staging of Intravenous Infiltration

Stage 1

Pain: None

Percentage: <25%

Exam: No to minimal swelling

Stage 2

Pain: Mild

Percentage: 25-50% Exam: Mild swelling,

Stage 3

Pain: Moderate

Percentage: 50-75%

Exam: Moderate swelling, ulceration

Stage 4

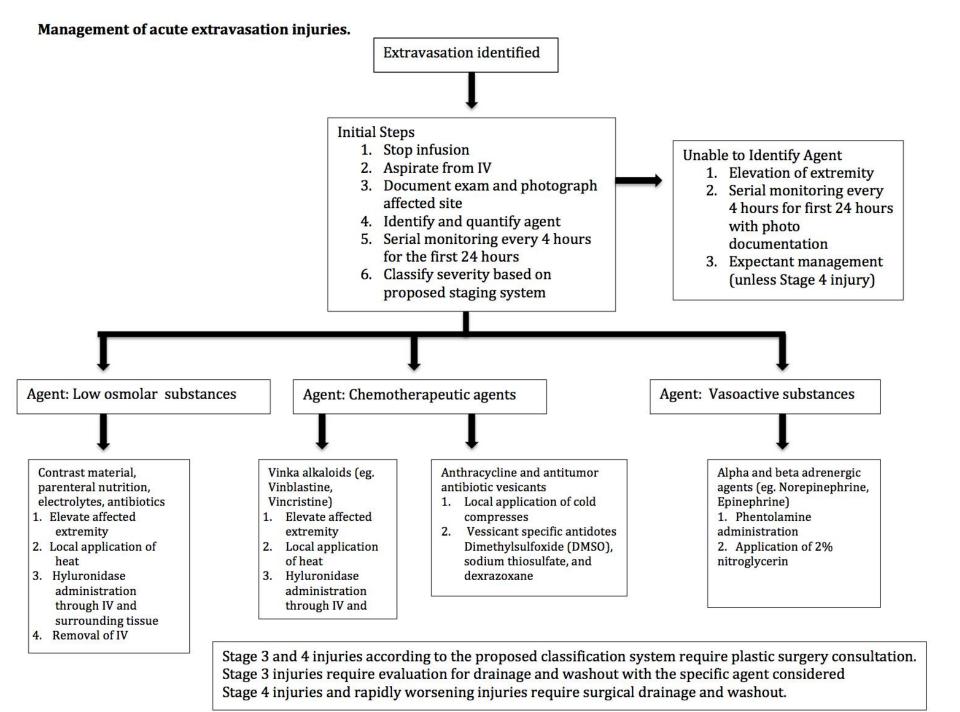
Pain: Severe

Percentage: > 75%

Exam: Marked swelling, absent or diminished pulses, skin necrosis

^{*}Based on percentage of affected area with clinical signs of injury.

^{**} Staging based on most severe component



Conclusion

- IV extravasation can be a severe injury.
- There is no published management algorithm.
- Standardization of classification is essential to guiding treatment.
- Multi-disciplinary, protocol driven approach is essential to promote patient safety, limit morbidity, and reduce cost.

References

Full list upon request

- Siwy BK, Sadove AM. Acute management of dopamine infiltration injury with Regitine. Plast Reconstr Surg. 1987;80(4):610-612
- Khan MS, Holmes JD. Reducing the morbidity from extravasation injuries. *Ann Plast Surg.* 2002;48:628-632.
- MacCara ME. Extravasation: the hazard of intravenous therapy. *Drug Intell Clin Pharm*. 1983;17:713-717.