Neonatal Distraction Osteogenesis: Converting Virtual Surgical Planning Into Operative Reality

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#### Disclosures:

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#### Background

- Mandibular Distraction Osteogenesis (DO) has become an accepted method to manage severe cases of micrognathia-induced airway obstruction in neonates.
- Standard imaging offers a limited role during pre-operative planning and throughout the operation.

Objectives

Methods

### Background

- To our knowledge, we offer the first description of virtual surgical planning (VSP) being used to guide DO in the mandible of a neonate.
- VSP can serve an important role in DO planning and can offer objective guidance in device selection, vector planning and operative guide positioning.

Objectives

Methods

### **Pre-Operative VSP**

 A virtual surgical plan was created using 3D reconstructions of the patients' CT scan.

 VSP was then used to create custom osteotomy guides that snapped onto the patients' mandible in the operating room.

**Objectives** 

Methods

### **Pre-Operative VSP**



Objectives

Methods

#### **Intra-Operative VSP**

 As predicted, given the uniqueness of each mandible, the custom guide would only snap on if placed in the VSP designed position



**Results** 

Objectives

Methods

#### **Intra-Operative VSP**

 The VSP guide was then exchanged out for the distraction devices using K wires placed over pre-planned holes.



**Objectives** 

Methods

#### Results

- VSP was used for DO in 3 neonates (n = 6 mandibles)
- A total advancement of 20mm was performed bilaterally in each child
- At follow up, the children have excellent cosmetic results and have avoided tracheotomy.

Objectives

Methods

# Improvement in airway after VSP-DO

#### Pre-operative MRI 3 month postoperative CT



# Progression of one patient with VSP-DO



## **Conclusions: VSP-DO in the neonate**

- Virtual Surgical Planning used in neonatal Distraction Osteogenesis transforms standard 2D imaging into an operative roadmap.
- The resultant model provides custom and precise guidance in device selection, vector planning and guide positioning that is easy to implement.

Objectives

Methods