A Comparative Readability Analysis of Online Patient Information Regarding Breast Reconstruction Following Mastectomy

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Objective

The internet is widely-used by patients to seek surgical information. It may influence societal expectations of surgical interventions¹ High quality resources should not exceed a 7th grade reading level

Objective

Our aim: To undertake a comparative readability assessment of online patient information regarding breast reconstruction following mastectomy

1. McKinley J, Cattermole H, Oliver CW. The quality of surgical information on the Internet. J R Coll Surg Edinb. 1999; 44:265-8.2. Walsh TM1, Volsko TA. Readability assessment of internet-based consumer health information. *Respir Care*. 2008 Oct; 53:1310-5.

Materials and Methods

January 2016: 7 websites were selected.



Materials and Methods (Tests)

 Automated Readability Index, Coleman-Liau Index, SMOG Index, Gunning-Fog score, Flesch-Kincaid Grade level and Flesch-Kincaid Reading Ease using the Readability Studio program

Results

- Ideal reading level: 7th grade
- Mean reading level: <u>12th grade</u>
- Flesch-Kincaid Score: >16 years old

Highest reading level: >12th grade (John Hopkins) Lowest reading level: 11th grade (Mayo Clinic)

Results





- Mean reading levels were considerably higher than recommended
- Simpler, clearer materials more suited to general US public and internationally